YouTube

- P.E with Joe. Monday to Friday, 9am Live on YouTube (The Body Coach TV)
- Cosmic Kids Yoga https://www.youtube.com/user/CosmicKidsYoga

P.E Planning

- https://peplanning.org.uk/ - Fun, healthy activities for children and the whole family.

Youth Sport Trust

- www.youthsporttrust.org/60-second-physical-activity-challenges 60 second physical activity challenges.

Spread the Happiness

- https://www.spreadthehappiness.co.uk/product/100-things-to-do-indoors/ 100 things to do indoors.

Les Mills On Demand

- https://watch.lesmillsondemand.com/born-to-move-free Free fitness videos for children.